

Discharge Instructions for Liver Biopsy

You had a procedure called liver biopsy. A doctor used a special needle to remove a small piece of tissue from your liver. Then it will be sent to a pathology lab for a biopsy to be examined for signs of damage or disease. Results will be sent to your referring physician.

For 24- 48 hours

- Rest. Get up only to use the bathroom.
- Do not drive after the procedure
- Do not remove the bandage covering the biopsy site after the procedure.
- Do not shower. If you wish, you may wash yourself with a sponge or washcloth. When you are able to shower, don't scrub the site. Gently wash the area and pat it dry.

In addition

- Do not lift anything heavier than 10 pounds for 3–4 days after the procedure.
- You may take Tylenol for mild pain that you may experience. DO NOT take medications such as aspirin, ibuprofen (Advil, Motrin etc) for 1 week; this may cause internal bleeding.

Follow-Up

Make a follow-up appointment with your referring physician.

Call your doctor immediately if you have any of the following:	
<ul style="list-style-type: none"> * Bleeding or drainage from the biopsy site * Dizziness or lightheadedness * Shaking chills * Opening of the biopsy site * Sudden chest pain 	<ul style="list-style-type: none"> * Severe abdominal pain * Sudden or increased shortness of breath * Increasing redness, tenderness, or swelling at the biopsy site * Increasing pain, with or without activity * Fever above 100.4 F

Other: _____

I HAVE RECEIVED A COPY AND UNDERSTAND THESE DISCHARGE INSTRUCTIONS:

Patient / Responsible Party	Date/Time	Witness Signature	Date/Time