

Dear _____

Your appointment is scheduled with Dr. Juan Esteva.

Appointment Date _____ Please arrive at _____

It is important that you call us to confirm receipt of this letter or if you have any questions (626) 577-2525.

PLEASE FOLLOW THESE INSTRUCTIONS OR YOUR APPOINTMENT WILL BE CANCELLED.

TRANSPORTATION:

- **YOU MUST HAVE A DRIVER.**
Please inform your driver that the total time is approximately **2-2 ½ hours**, they need to stay close by in case you are discharged earlier than expected.

FOOD/BEVERAGES/MEDICATIONS:

- **DO NOT EAT OR DRINK ANYTHING FOUR (4) HOURS PRIOR TO YOUR APPOINTMENT.**

MEDICATIONS TO DISCONTINUE PRIOR TO APPOINTMENT		
STOP 5 DAYS PRIOR	STOP 3 DAYS PRIOR	STOP 24 HOURS PRIOR
*Anti-coagulants like PLAVIX COUMADIN OR WARFARIN Platelet Inhibitors like PLETAL REOPRO TICLID	*Salicylate medications like ASPIRIN (81 mg or 325mg) ANACIN BUFFERIN ECOTRIN EXCEDRINE or any oral, crèmes, or patches containing aspirin or salicylate like bengay, icyhot and salonpas. Lovaza	*Non-steroidal Anti-inflammatory Drugs (NSAIDs) Examples of NSAIDs are: ADVIL BEXTRA ALEVE(Naproxen) MOBIC FELDENE (Piroxicam) MOTRIN (Ibuprofen) RELAFEN VIOXX VOLTAREN (Diclofenac) Flector patch. Fish Oil/ Omega3

*Please note that this is not a complete list, call your Pharmacist if you have any questions.

- Please take all other prescribed medications not listed above with a little sip of water.
- **AS A COURTESY TO OUR PATIENTS WHO ARE WAITING FOR A PROCEDURE, WE REQUIRE 24 HOURS NOTICE OF CANCELLATION. A CANCELLATION FEE OF \$50.00 WILL BE CHARGED IF WE ARE NOT GIVEN 24 HOUR NOTICE.**
- **PLEASE BRING A LIST OF YOUR CURRENT MEDICATIONS.**

IMPORTANT

Please note that the physicians of the surgical center will not prescribe any post procedure pain medication. Please consult with your referring or primary physician regarding any post procedure medication.